

## Non Surgical BBL

Sculptra is an injectable solution that triggers the production of collagen, which helps rebuild the areas affected by age-related volume loss and sagging. After your Sculptra treatment at Oeuvre Infini, collagen production gradually increases, making the volume-enhancing results of the treatment apparent over time. Sculptra® can help improve the appearance of sagging jowls, hollow temples, and diminished cheeks and creates a fuller, more youthful appearance. Sculptra has longer lasting results than some other cosmetic dermal fillers. The results can last for up to two years. In most patients a total of 6 vials or more is needed split between 3 treatments 6 weeks apart.

## Prior To Treatment

- Please schedule your appointment to allow for a coup ofle days or more of potential swelling, tenderness, and bruising.
- Women who are pregnant or breastfeeding cannot be treated.
- Patients actively undergoing chemotherapy or radiation treatment cannot be treated. Patients must be in remission for 6 months to be treated.
- If you have recently used the medication Accutane, it is recommended to postpone treatment until at least 12 months after stopping the medication.
- Please inform your provider of any and all previous treatments, procedures or surgery medical conditions, medications you are taking, skin disorders, allergies, history of anaphylaxis, and any other medical problems.
- If you have an active cold sore/fever blister, canker sore or shingles you will need to postpone treatment. If you are prone to developing cold sores/fever blisters or shingles, please contact us 1 week before treatment for recommendations
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- Avoid Advil, Ibuprofen, Aleve, Aspirin, Motrin, Vitamin E. Fish Oil. St. John's Wort, Garlic and other Non-Steroidal Anti-Inflammatory products 5-7 days prior to treatment. Doing this will help decrease your chance of bruising.
- Do not stop taking any medications that have been prescribed to you without first discussing it with your prescribing provider.
- Avoid drinking alcoholic beverages 48-72 hours before treatment to reduce risk of bruising.
- Another way to reduce the chance of bruising is to start taking Bromaline 7-10 days before treatment. Take as directed on the bottle. Easily found at any pharmacy as an over-the-counter product.
- Tylenol will not increase the chance of bruising and is preferred for the week prior to treatment.
- To help with possible discomfort, you may take Tylenol one hour prior to your scheduled appointment.
- Do not take more than 3000mg of Tylenol in a 24-hour period



## Non Surgical BBL Post Treatment

- Massage the treated areas 5 times a day, for 5 minutes, and for 5 days after treatment. If you are having your buttocks treated we encourage you to work out and/or walk as much as possible as the continued movement mimics the same benefits as the massage.
- After your treatment soreness in the jaw and while chewing is expected. This may last for several days.
- If needed you may take Tylenol to help with possible discomfort. Do not take more than 3000mg of Tylenol in a 24 hour period.
- To reduce the risk of bruising, consider taking over the counter Arnica tablets, if it is not contraindicated with your current medication regimen. Arnica is available online, at most supplement stores, as well as Whole Foods, Vitamin Shoppe, Amazon etc. Start taking oral Arnica after your treatment. Take as directed on the bottle for 3-5 days or as long as bruising is present.
- A few days after treatment, you will look as you did before treatment. This is normal, over time, Sculptra will replace lost collagen. It takes the body 6-8 weeks to form new collagen.
- Avoid strenuous activity for 24 hours (except with treatment to buttocks).
- Call our office immediately if you notice blanching (whitening of the skin), experience intense pain
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