



oeuvre in Fini
REJUVENATE YOU INTO A WORK OF ART

Hair Reduction Pre & Post Care

Laser hair reduction is an effective noninvasive way to reduce unwanted hair from virtually any area of the body. Laser treatment can be used for both facial and body hair removal including, but not limited to, the upper lip, chin, eyebrow area, underarms, back, chest, legs, and bikini vi area.

Pre Treatment

- Hair should be cleanly shaven
- Leave a representative sample unshaven for clinician to assess
- Do not wear makeup on the treated area the day of treatment
- No sun-tanning or self-tanners 4 weeks prior to treatment
- Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Some medications or supplements may increase the risk of bruising. Consult with your physician
- No waxing or tweezing at least 4 weeks prior to treatment
- Some body parts may require a longer wait time
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (depilatories, harsh chemicals, etc.)
- Notify clinic with any changes to your health history or medications since your last appointment
- History of herpes or cold sores may require an anti-viral prescription prior to treatment

Post Treatment

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen
- Redness and perifollicular edema (appearance similar to a rash/bug bites) are common and resolve with time
- Bruising and swelling are less common but may occur and will resolve with time
- Hair may take up to 2 weeks to fall out
- Avoid heat - hot tubs, saunas, etc. for 1-2 days
- Avoid skin irritants (examples below) a few days post-treatment
- Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.
- Do not wax or tweeze between treatments
- Notify clinic of any concerns (blistering, excessive redness/swelling, etc.)
- Hair removal requires a series of treatments. The number of treatments depends on body location and type oh hair.
- Consult with us about when to resume skin care regimen.